Eagle Eye Commodity

January 14, 2026

Index

Looking Trendy

Short Term View

Instrument	Target	View	Reversal (on closing basis)	Support / Resistance
Gold MCX	147700	↑	137800	137800/147700
Silver MCX	290000	↑	260000	260000/290000
Crude MCX	5900	↑	5275	5275/5900
Copper MCX	1395	↑	1180	1180/1395

Medium Term View

Instrument	Target	View	Reversal (on closing basis)	Support / Resistance
Gold Cash US $	4690	↑	4270	4270/4690
Silver Cash US $	92.50	↑	80.00	80/92.5
Crude US $	62.00	↑	55.00	55/62
Copper $ (comex)	6.30	↑	5.55	5.55/6.30

Icon guide

↑ Up	↓ Down	↔ Sideways	Downswing matures	Upswing matures

Day Trader's Hit List - (Morning session) - Commodity

Exchange	Contract	Instrument	Support Levels		LTP (Rs)	Resistance Levels		Action
			S2	S1		R1	R2	
MCX	Jan	**Bulldex**	37540	37900	**38136**	38400	38800	Buy @ cmp stoploss S2 target R2
MCX	Feb	**Gold**	140200	141200	**142241**	143900	145000	Buy @ cmp stoploss S2 target R2
MCX	Mar	**Silver**	269100	272200	**275187**	279550	283350	Buy @ cmp stoploss S2 target R2
MCX	Jan	**Crude Oil**	5400	5450	**5515**	5576	5630	Buy @ cmp stoploss S2 target R2
MCX	Jan	**Nat Gas**	288	294.2	**304.6**	316	326.6	Sell @ cmp stoploss R1 target S2
MCX	Jan	**Copper**	1288	1298	**1309.55**	1327	1343.5	Buy @ cmp stoploss S2 target R2
MCX	Jan	**Zinc**	307.5	310.25	**312.45**	316.8	320	Buy @ cmp stoploss S2 target R2
MCX	Jan	**Aluminium**	314.5	316.8	**318.45**	321	324	Buy @ cmp stoploss S2 target R2
MCX	Jan	**Lead**	189.35	190.9	**192.5**	195	196.8	Buy @ cmp stoploss S2 target R2
MCX	Jan	**Nickel**	1600	1625	**1658**	1695	1720	Buy @ cmp stoploss S2 target R2

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